

Theresa shares her personal story of Triumph. As an overcomer of

- Journey to Resilience

one of today's most relevant issues, she relates to the audience and compelled change in their own life.2



Your struggles do not define who you are but teach you lessons

3 Takeaways



Learning better communication and why communication is important



See the beauty and uniqueness in Adversity





Bio

Theresa DeMayo is 16 years old and is technically a Junior in High School but is currently Homeschooling and a Freshman in College. Theresa left the public school system due to experiencing severe bullying and she is now on a mission to change school systems and the world so no child will experience bullying. Theresa DeMayo is very passionate about teaching kids that there are ways to remove hate from the world and to empower kids to work as a team to change things for the better. She is also one of the Texas Student State Representatives for Be Strong. Theresa lives in Houston, Texas area.

References

After having come across Theresa's speech to her school district board, I contacted her to assist us in our struggles to our school board. She was very helpful and we appreciate that she took the time to speak to our daughter about her experiences. Theresa also assisted us in preparing to speak in front of our school board. She not only guided us, she prepared a speech herself and truly brought important emphasis to the Be Strong program and how it could impact the students and faculty in our district. She has joined us on a district wide information night and her passion for what the Be Strong program is evident. My family believes that she will bring a lot of positive changes in our area and the state of Texas as a Be Strong representative and we look forward to following her accomplishments.

Brandie L Joy

My former student, Theresa DeMayo, has one of the biggest hearts I've ever encountered, and one of the strongest characters. She has overcome a lot of adversity and has a great story to tell. She has used her experience to rise to the top and take a stand for kids who can't, or don't know how, to speak up for themselves. Theresa is selfless, compassionate, and sincere about wanting to make her corner of the world a better place.

Steven Dixen

