

No psychological professional can do a better job of explaining why the world's approach to bullying is failing, and demonstrating what does work.

3 Takeaways



How the golden rule works scientifically



Why the traditional "sticks and stones" slogan is not a lie



How easy it is to stop being bullied with the correct knowledge





Bio

Izzy Kalman, a school psychologist and psychotherapist with four decades of work experience, is a pioneer of the resilience approach to bullying, which involves teaching people the wisdom to deal with it on their own. He has taught his simple yet, powerful, approach to tens of thousands of mental health professionals, educators, and bullying speakers, has produced numerous books and videos for dealing with bullying, and is the lead author of the *Be Strong Bullying Prevention and Resilience Program*. Kalman has also been the world's most prolific critic of the orthodox Olweus approach to bullying, correctly predicting that it will only intensify the bullying problem, while raising a generation of emotionally fragile children.

References

Of all the approaches to bullying, Izzy Kalman's approach stands out. It has worked wonders for my patients and friends alike.

Doris M. Greenberger, MDDevelopment and Behavioral Pediatrician

Outstanding! Izzy Kalman's material is wonderful! Extremely refreshing! The best CEU I've been to in a long time. Thank you. I will be recommending this seminar to my entire staff and to other professionals.

Annette Ladd

Director & Licensed Professional Counselor

